

The School District of Palm Beach County wants you to join the campaign to practice better health through good nutrition!

Seminole Ridge Community High School ~ Health Fair

This year's theme is: **“EAT RIGHT, YOUR WAY, EVERY DAY”**



In an effort to promote healthful eating along with physical activity and in conjunction with the March National Nutrition Month®, the School Food Service Department has organized an educational health fair to be held at **Seminole Ridge Community High School** at 4601 Seminole Pratt Whitney Road, Loxahatchee, Florida. All students will be exposed to the health fair during their lunch period which will take place in the school cafeteria.

The health fair will be on:

Wednesday, March 20, 2013 from 10:30 A.M. to 1:15 P.M.

The goal of the health fair is to provide students and staff with an opportunity to view exciting health and wellness displays, receive educational materials, prizes, as well as free samples of colorful and tasty fruits and vegetables. A variety of educational booths will be set up to target specific aspects of health and wellness which include:

- ♥ Seminole Ridge Community High - School Nurses
- ♥ Healthy Mothers Healthy Babies
- ♥ Caridad Center
- ♥ R.C. Hatton Farms
- ♥ Humana Medicaid Community Outreach Partner
- ♥ GMG Tropical Fruits
- ♥ Short on Thyme - Chef Shelley
- ♥ The Richard David Kann Melanoma Foundation
- ♥ The Palm Beach County Drowning Prevention Coalition
- ♥ Palm Beach/Treasure Coast 2-1-1™
- ♥ Charles Drew Foundation Bone Marrow Drive
- ♥ Vinceremos Therapeutic Riding Center
- ♥ Planned Parenthood
- ♥ HealthTeacher®
- ♥ Erneston & Sons Produce, Inc.
- ♥ District's Employee Wellness
- ♥ The School Food Service Department promoting...*eat right.*®

For more information contact Paula Triana, R.D, L.D./N., School Food Service Department, Assistant Director of Nutrition & Wellness Promotion at (561) 383-2026.

Good nutrition practice promotes better public health.

Public health is everyone's business.

Working together...we can make a difference in the public health of our community.